

Crew Over Board - MOB!!



Do you really know what to do?

Do you have a procedure?

How many crew know what it is?

Will it work/Have you practiced it?

- Wednesday 24th August, 7.30 - 9pm @ HBYC Clubhouse
- Learn what to do and want NOT to do.
 - Maneuvering, positioning - S.T.O.P.
 - Sails, engine.
 - pick up - what if they are unconscious?
 - 2-handed
 - Revival, calling for assistance.
 - “Standard operating procedure”
 - When, how and what to practice.
- Trainer: Robert Bradley (Escapade), RYA Yachtmaster, RYA Cruising scheme instructor, Coxswain (MSV)
- RVSP: HBYC Office 9397 6393

Don't get caught out this summer!

A practical day will be organised before the summer sailing season begins